

# Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

	Amount Per Serving	% Daily Value
Magnesium (as magnesium citrate)	50 mg	38%
5-HTP ( <i>Griffonia simplicifolia</i> )(seed)(extract)	50 mg	*
Ginger ( <i>Zingiber officinale</i> )(rhizome)(extract)	150 mg	*
Artichoke ( <i>Cynara scolymus</i> )(erial)(extract)	150 mg	*

**\*Daily Value not established**

**Other ingredients:** Capsule shell (gelatin and water) and stearic acid (vegetable source).

**This product is gluten, dairy and GMO free.**