

# Nutrition Facts

Servings Per Container: 14

**Serving Size 51 g (approx. 4 level scoops)**

Amount Per Serving

**Calories**

**210**

% Daily Value<sup>†</sup>

<b>Total Fat</b> 9 g	<b>12%</b>
Saturated Fat 4.5 g	<b>23%</b>
Trans Fat 0g	
Polyunsaturated Fat 2 g	
Monounsaturated Fat 2.5 mg	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 260 mg	<b>11%</b>
<b>Total Carbohydrates</b> 12 g	<b>4%</b>
Dietary Fiber 9 g	<b>32%</b>
Total Sugars 0 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 20 g	<b>40%</b>
Calcium 22 mg	2%
Iron 6 mg	35%

Not a significant source of cholesterol, vitamin D, calcium, iron and potassium.

<sup>†</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Organic pea protein concentrate, coconut oil, non-GM sugar beet fiber, avocado oil, inulin, apple fiber, natural vanilla flavor, acacia gum, fenugreek fiber, bamboo fiber, pea protein isolate, apple pectin, organic flax seed, chia seed, acai berry extract, blueberry, organic broccoli sprout concentrate, organic kale sprout concentrate, carrot, organic cauliflower sprout concentrate, sodium citrate, sunflower lecithin, mixed tocopherols, rosemary extract, sunflower oil and luohan guo extract.

**This product is gluten and dairy free.**

## KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

Typical Amino Acid Profile Per Serving:

Alanine	817 mg	Lysine	1,451 mg
Arginine	1,625 mg	Methionine	202 mg
Aspartic acid	2,237 mg	Phenylalanine	917 mg
Cystine	202 mg	Proline	843 mg
Glutamic acid	3,164 mg	Serine	922 mg
Glycine	779 mg	Threonine	724 mg
Histidine	473 mg	Tryptophan	188 mg
Isoleucine <sup>†</sup>	962 mg	Tyrosine	917 mg
Leucine <sup>†</sup>	1,615 mg	Valine <sup>†</sup>	1,017 mg

<sup>†</sup> Branch chain amino acids

**DIRECTIONS:** Mix four (4) level scoops of **MetabolicBiome Fuel Pea Protein** with twelve (12) ounces of water, or beverage of your choice. For ease of mixing, use a blender and add the product to room temperature liquid.