

Nutrition Facts

Servings Per Container: 14

Serving Size 52 g (approx. 4 level scoops)

Amount Per Serving

Calories 210

% Daily Value†

Total Fat 9 g	12%
Saturated Fat 4.5 g	23%
Trans Fat 0 g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 3.5 g	
Sodium 130 mg	6%
Total Carbohydrates 12 g	4%
Dietary Fiber 9 g	32%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 20 g	40%
Calcium 22 mg	2%
Iron 6 mg	35%

Not a significant source of cholesterol, vitamin D, calcium, iron and potassium.

† The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Hydrolyzed beef collagen, natural vanilla flavor, avocado oil, coconut oil, acacia gum, non-GM sugar beet fiber, inulin, apple fiber, fenugreek fiber, bamboo fiber, pea protein isolate, organic flax seed, apple pectin, chia seed, sunflower lecithin, acai berry extract, blueberry, silicon dioxide, mixed tocopherols, rosemary extract, sunflower oil, sodium citrate, tricalcium phosphate, xanthan gum, organic broccoli sprout concentrate, organic kale sprout concentrate, carrot, organic cauliflower sprout concentrate, and luo han guo extract.

This product is gluten and dairy free.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

Typical Amino Acid Profile Per Serving:

Alanine	1,760 mg	Lysine	760 mg
Arginine	1,500 mg	Methionine	180 mg
Aspartic acid	1,200 mg	Phenylalanine	460 mg
Cystine	20 mg	Proline	2,400 mg
Glutamic acid	2,200 mg	Serine	680 mg
Glycine	4,000 mg	Threonine	420 mg
Histidine	220 mg	Tryptophan	72 mg
Hydroxyproline	2,040 mg	Tyrosine	260 mg
Isoleucine†	340 mg	Valine†	600 mg
Leucine†	740 mg		

† Branch chain amino acids

DIRECTIONS: Mix four (4) level scoops of **MetabolicBiome Fuel Hydrolyzed Collagen Protein** with twelve (12) ounces of water, or beverage of your choice. For ease of mixing, use a blender and add the product to room temperature liquid.