

Reset The Immune System

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I've had some great questions about the role of thymus tissue to support the body's ability to eradicate deep seated viruses. If you haven't seen the interview with Dr. Mark Force, where he discusses how he uses Cytozyme-THY to reset the immune system, please take a few minutes to review it.

Dr. Force shared that Cytozyme-THY is his "go-to" for long Covid. He uses 4 tablets three times a day and instructs his patients to chew them. Dr. Force feels chewing the tablets is a big part of his success. He finds it is one of the best therapies to restore the innate immune system. Let me repeat that statement, "Dr. Force finds using Cytozyme-THY is one of the best therapies to restore the innate immune system."

Typically, long Covid represents an overstimulation of the humoral immune system. From a lab perspective, we see elevated antibodies. The upper limit for his lab is 2500. He sees antibodies far above those levels.



As we have discussed in the past, another classic chronic viral picture is when you see lymphocytes elevated about neutrophils. When Dr. Force uses Cytozyme-THY, he finds it breaks the cycle. Cytokine levels and other inflammatory markers normalize. And when you see the CBC with differential return to normal, it gives evidence the innate immune system is being reset. Based on his 40 years' experience with glandular therapy, he feels it is one of the fundamental ways to support the body's ability to fight chronic viruses of all kinds.

We shared further evidence that thymus tissue supports the body's ability to fight viruses on a Tuesday Minute discussing thymus tissue and Hepatitis B with country singer and author, Naomi Judd. She had to stop singing due to hepatitis B, that is, until she met with Carson Burgstiner, M.D., former president of the Georgia Medical Association. Using calf thymus Dr. Burgstiner, himself was able to recover from hepatitis B after fighting it for seven years. He completely cleared the virus from his DNA, and this was confirmed by Scripts Research Institute, Harvard

Medical, and Wayne State University. Wayne State University later report-ed that 86% of the patients with hepatitis B who were treated with calf thymus cleared the virus from their DNA. Like Dr. Burgstiner, Naomi Judd was able to clear the virus from her DNA and return to her singing career.

Another therapy Dr. Force also employs are Chapmans' reflexes. You can see a link to a show describing them in detail, but the short version is that Dr. Chapman found a relationship between specific lymphatic points and specific glands. For example, a hospitalized patient with a known liver condition would have tenderness to the lymphatic plexus for the liver. He found that by rubbing the liver lymphatic he could stimulate recovery. How he discovered these points is a fascinating story.

Let's come back to the immune system. The two major glands relating to the immune system are the thymus and the spleen. The Chapman reflex for the thymus is under the right armpit about the 5th intercostal space which is 4-5 inches directly under the arm depending on the size of the patient. Look for any tenderness and rub the area for about 60 seconds. Now check the Chapman reflex for the spleen. The Chapman reflex for the spleen is the 7th intercostal space on the left side approximately 6-7 inches under the arm pit as well. Dr. Chapman found that as he rubbed, the tenderness would go away. And as the tenderness would go away; often the intensity of the symptoms would go away as well.

Dr. Chapman's whole therapy revolved around identifying the points and manually rubbing where he found tenderness, until the tenderness

reduced or went away. This is a therapy you can apply in your office to amplify your success as well as teach patients to do at home every day.

As I mentioned earlier, Dr. Force suggests 4 tablets of Cytozyme-THY chewed 3 times a day for a month. If after 30 days, the patient is feeling significantly better, and there is no tenderness in the Chapman thymus point, reduce to 1 tablet tid for 30 days. However, if after 30 days, the patients still has tenderness in the Chapman thymus point, continue therapy and consider adding zinc. Zinc is required to induce full biological activity to thymulin, one of the major hormones associated with thymus. Assess by using the zinc taste test and/or by looking at the level of another zinc dependent enzyme, alkaline phosphatase. "If Alkaline phosphatase is below the median point, there is a good chance of a zinc deficiency."

Knowing young thymus glands are more biologically active than adult animal thymus glands, Biotics Research uses neonatal glands in their products whenever possible. Tissues from young animals 1-3 days old are in a state of anabolic growth. Neonatal thymus tissue is much higher in DNA and nucleated protein than adult tissue, and therefore, one of the major reasons that neonatal thymus as Cytozyme-THY performs better than adult bovine thymus.

By the way, Dr. Force teaches a variety of classes around the country and online. Keep your ears open to any opportunity to learn from him.

Thanks for taking time to be with me today. I look forward to being with you again next Tuesday.