

Supplement FAQs



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BioDoph-7 Plus®

Why you may need BioDoph-7 Plus®: It is estimated that ~80% of the immune system is found in the gut, and the human body contains more bacteria living inside it than it has individual cells: 100 trillion microorganisms live in the gastrointestinal tract as compared with a mere 10 trillion human cells in the entire body. This means that there are 10X more cells of bacteria living in our intestines than what we possess in all of our bodily tissues put together. The majority of these bacterial strains are beneficial and are important for the development of the immune system. However, periods of stress or illness, fever, diarrhea, diet, the use of certain pharmaceuticals, and surgery can all cause an imbalance of these good bacteria and let bad or opportunistic bacteria and yeasts flourish—which negatively impacts health. Unfortunately, far too many people suffer from some degree of bowel dysbiosis, which can manifest as allergies, dermal irritation, fatigue, mood alterations, GI distress and leaky gut which can lead to even more serious consequences. Now further evidence indicates that obesity, diabetes and autoimmune conditions are linked to altered gut microflora. Given the prevalence of people that experience one or more of these symptoms, BioDoph-7 Plus® provides the symbolic support you may need.

Why your healthcare practitioner recommends BioDoph-7 Plus®: The modern dilemma is that allergies and chronic health conditions are on the rise. Antibacterial soaps, washes, and wipes, chronic dehydration, mercury amalgams, total toxin load, drugs, and nutrient deficient diets have become a scourge on friendly bacteria. Documented research has indicated important benefits associated with the use of probiotic bacteria, including improved digestion, enzymatic activity, and overall modulating effects on the immune system. Formulated in collaboration with Dr. Gary Lasneski, **BioDoph-7 Plus®** contains a specific blend

of 3 prebiotics and 7 probiotics to ensure optimal colonization with bacterial strains recognized for their bioactivity. Each capsule contains 20 billion viable organisms at the time of manufacture and consists of a proprietary blend of Inulin (from Chicory root), Arabinogalactans (from Larch), Marshmallow Root (extract), Bifidobacterium bifidum, Bifidobacterium lactis, Bifidobacterium breve, Lactobacillus paracasei, Lactobacillus plantarum, Lactobacillus salivarius, and Streptococcus thermophilus.



Supplement Facts Serving Size: 1 Capsule Amount Per Serving Proprietary Blend Inulin (from Chicory root)*, Arabinogalactans (from Larch)*, Marshmallow (Althea officinalis) (extract) (root)*, Biffdobacterium biffdum*, Biffdobacterium lactis*, Biffdobacterium breve*, Lactobacillus paracasei*, Lactobacillus plantarum*, Lactobacillus salivarius*, Streptococcus thermophillus*

Other ingredients: Vegetarian capsule shell (modified cellulose) and magnesium stearate (vegetable source).

* Daily Value not established

Each capsule of **BioDoph-7 Plus®** contains more than 20 billion organisms at time of manufacture.

Contains an ultra-trace amount (0.3 ppm) of milk constituents which are used in the fermentation of probiotic ingredients.

This product is gluten free.

RECOMMENDATION: One (1) capsule one (1) to two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area and refrigerate after opening. Sealed with an imprinted safety seal for your protection.

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For more information on BioDoph-7 Pluso from Biotics Research, please contact your healthcare provider