

Name: _____ Date of Birth: _____ Age: _____ Gender: _____

Stomach

HCL Point _____ Chapman Reflex _____ Supplement _____
 X↓1" (L) 6th (L) LNT New Rating _____

Stomach-Duodenum: *GI Resolve, HCL Ease, Hydro-Zyme, Gastrazyme, IPS, Bio-6 Plus, Bio-HPF, Chlorocaps, Bromelain Plus CLA, Gammanol Forte w/FRAC, HCl-Plus, Betaine Plus HP, Intenzyme Forte, L-Glutamine,*

Pancreas

Enzyme Point _____
 X↓1" (R)

Gallbladder

Murphy's Sign _____ Chapman Reflex _____ Supplement _____
 Acute - Under Ribs (R) 6th (R) LNT New Rating _____
 Knees Bent

Right Thumb Web: None | Mild | Severe
 Chronic - Edge of muscle in skin web between thumb and index finger

Gallbladder: *Beta TCP, Beta Plus, Livotrit Plus, Cytozyme-LV, Bio-GGG-B, Phosphatidylcholine, Super Phosphozyme, Inositol, NutriClear, NutriClear Plus 15-Day*

Small Intestine

Chapman Reflex _____ Supplement _____
 8th, 9th, & 10th _____ New Rating 8th _____
 (R & L) LNT _____ 9th _____
 _____ 10th _____

Bennett Reflex _____ Supplement _____
 Palpate 2-3" _____ New Rating _____
 around umbilicus _____
 LNT _____

Small Intestine: *GI Resolve, Gastrazyme, IPS, BioProtect, L-Glutamine, Bio-6 Plus, GSH Plus, Gingko Biloba*

Large Intestine

Ileocecal Valve _____ Supplement _____
 1/2 between ASIS (R) & umbilicus _____ New Rating _____
 A → P palpation with slight circular _____
 motion (clockwise) LNT _____

Colon

Roll gently side-to-side over large intestine, starting just lateral of the ileocecal valve and medial of the ASIS, up the ascending colon, turning just below the right rib cage, along the transverse colon, turning again just before the left rib cage, down the descending colon, and on the sigmoid colon. **LNT**

Supplement _____
 New Rating _____

Iliotibial Band (Chapman Reflex - Colon)

L → M (R & L) 5 points along IT band **LNT**

R	L	Supplement			
		New Rating			

Large Intestine: Colon-Plus (Caps or Powder), GI Resolve, BioDoph-7 Plus, BioDophilus-FOS, Garlic Plus, A.D.P, IPS, Chlorocaps, IAG Beta Plus, Butyric-Cal-Mag, L-Glutamine, FC-Cidal, Dysbiocide

Ileocecal Valve: IPS, Chlorocaps, Beta Plus, Bromelain Plus CLA, Histoplex, Gastrazyme

BOOD SUGAR

Adrenals

Ragland's Postural Hypotension

Ask patient if they ever get dizzy when standing quickly.

Supine: Systolic: _____ Diastolic: _____

Standing: Systolic: _____

Excellent +6 to +10 Fair 0 to +5 Poor -1 to -10 Fail -11 to -20 Exhaustion > -21

Paradoxical Pupillary Reflex

Contraindications: recent eye surgeries, recent head injuries, susceptibility to seizures, colored contact lenses
 Ask if patient feels the need to wear sunglasses when outdoors. This is an indicator of adrenal fatigue.

Excellent: Constricts and holds for 20 seconds **Fair:** Constricts and holds for at least 20 seconds, then pulses **Poor:** Constricts and pulses, then enlarges at 5-10 seconds **Fail:** Constricts and pulses, then gets larger almost immediately **Exhaustion:** Gets larger immediately or fails to constrict

Chapman Reflex - Adrenal _____
 1-2" ←→ & 2" ↑ from umbilicus (R & L) **LNT**

Supplement _____
New Rating _____

Posterior Ilium (Short Leg) _____
 Record difference with < or > between **LNT**

Supplement _____
New Rating _____

Contraindications: back, hip, knee, ankle injuries

Adrenals: ADHS, Cytozyme-AD, ADB5 Plus, Bio-Glycozyme Forte, Neonatal Multi-Gland, Cu-Zyme, Cytozyme-PT/HPT, Phosphatidylserine, Bio-Ashwaghandha

Pancreas

Right Thenar Pad _____ **Chapman Reflex** _____
 Palpate in center of pad 7th (L) **LNT**

Supplement _____
New Rating _____

Pancreas: Bio-Glycozyme Forte, Glucobalance, Cr-Zyme (Chromium), Cytozyme-PAN, Bio-3G-G

Liver

Murphy's Sign _____
 (Copy from Gallbladder)

Chapman Reflex (6th R) _____
 (Copy from Gallbladder) **LNT**

3rd Rib (R) _____
Costochondral Margin

Liver: Livotrit Plus, MCS-2, Cytozyme-LV, Beta-TCP, Beta Plus, NAC, Bio-Glycozyme Forte, MSM, Lipoic Acid, Calcium D-Glucarate