

# Nutrition Facts

Servings Per Container: 16

**Serving Size: 28 g (approx. 2 scoops)**

Amount Per Serving

**Calories**

**90**

% Daily Value\*

**Total Fat** 0g **0%**

**Sodium** 40mg **2%**

**Total Carbohydrate** 2.5g **<1%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Sugar Alcohol 4g

**Protein** 20g **40%**

Calcium 90mg **8%**

Potassium 115mg **2%**

Phosphorus 40mg **4%**

Magnesium 16mg **4%**

Not a significant source of cholesterol, dietary fiber, vitamin D and iron.

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Whey protein isolate with natural sunflower lecithin (low temperature micro-filtered) and natural vanilla flavor (erythritol, vanilla flavor, xanthan gum, stevia leaf extract).

**Contains ingredients derived from milk.**

**This product is gluten free.**

Product # 6421 Rev. 04/21

**DIRECTIONS:** Two (2) level scoops of **Whey Protein Isolate** mixed with eight (8) ounces of cool water (or the beverage of your choice). Add product to the liquid for ease of mixing.

**Caution:** Not recommended for those allergic to dairy.

## KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

Each serving provides the following (stated amounts are typical and representative):

Beta-Lactoglobulin	14,252 mg
Glycomacropeptide (GMP)	962 mg
Bovine Serum Albumin	206 mg
Alpha-Lactalbumin	3,362 mg
Immunoglobulin (IgG)	861 mg
Lactoferrin (LF)	42 mg

Typical Amino Acid Profile Per Serving:

Alanine	990 mg	Lysine	1,877 mg
Arginine	381 mg	Methionine	400 mg
Aspartic acid	2,176 mg	Phenylalanine	623 mg
Cystine	453 mg	Proline	1,287 mg
Glutamic acid	3,476 mg	Serine	895 mg
Glycine	326 mg	Threonine	1,412 mg
Histidine	339 mg	Tryptophan	328 mg
Isoleucine <sup>†</sup>	1,357 mg	Tyrosine	630 mg
Leucine <sup>†</sup>	2,077 mg	Valine <sup>†</sup>	1,203 mg

<sup>†</sup> Branch chain amino acids