

Supplement Facts

Serving Size: 1 Capsule

| | Amount Per Serving | % Daily Value |
|---|--------------------|---------------|
| Valerian (<i>Valeriana officinalis</i>) (root) (extract) | 200 mg | * |
| Hops (<i>Humulus lupulus</i>) (flower) | 100 mg | * |
| Passionflower (<i>Passiflora incarnata</i>) (aerial part) | 100 mg | * |

* Daily Value not established

Other ingredients: Capsule shell (gelatin and water) and magnesium stearate (vegetable source).

This product is gluten, dairy and GMO free.

RECOMMENDATION: One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

CAUTION: Not recommended for pregnant or lactating women.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

Product # 5105 Rev. 04/19