## Supplement Facts

Serving Size: 3 Tablets Servings Per Container: 30

	Amour Serv		% Daily Value			ınt Per ving	% Daily Value
Vitamin C (as ascorbic acid)	120	mg	133%	Calcium (as calcium citrate)	500	mg	38%
Vitamin D (as cholecalciferol)	5	mcg	25%	Magnesium			
Vitamin K (as phytonadione)	65	mcg	54%	(as magnesium oxide)	200	mg	48%
Thiamin (B1)				Zinc (as zinc gluconate)	5	mg	45%
(as thiamin mononitrate)	1.5	mg	125%	Copper (as copper gluconate)	2	mg	222%
Riboflavin (B2)	1.7	mg	131%	Manganese			
Niacin (as niacinamide)	20	mg	125%	(as manganese gluconate)	5	mg	217%
Vitamin B6 (as pyridoxine HCl)	2	mg	118%	Purified Chondroitin Sulfates			
Folate (as calcium folinate)	400	mcg	100%	(bovine)	200	mg	*
Vitamin B12 (as methylcobalamin)	6	mcg	250%	Boron (as calcium borogluconate)	3	mg	*
Biotin	300	mcg	1,000%	Sugarcane Extract (Saccharum			
Pantothenic Acid				officinarum) (shoot)	30	mg	*
(as calcium pantothenate)	10	mg	200%	* Daily Value not established			

Other ingredients: Stearic acid (vegetable source), magnesium stearate (vegetable source), modified cellulose gum and food glaze.

## This product is gluten and dairy free.

RECOMMENDATION: Three (3) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

CAUTION: Not recommended for pregnant women.

## KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

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