## **Supplement Facts**

Serving Size: 6 Tablets Servings Per Container: 30

|   | Amou<br>Serv |         | % Daily<br>Value |
|---|--------------|---------|------------------|
| Vitamin C (as ascorbic acid)                              | 120          | mg      | 133%             |
| Vitamin D3 (as cholecalciferol)                           | 10           | mcg     | 50%              |
| Vitamin K (K1 as phytonadione)                            | 320          | mcg     | 267%             |
| Thiamin (B1) (as cocarboxylase chloride)                  | 3            | mg      | 250%             |
| Riboflavin (B2) (as riboflavin-5-phosphate                | e) 3.4       | mg      | 262%             |
| Niacin (as niacinamide)                                   | 20           | mg      | 125%             |
| Vitamin B6 (as pyridoxal-5-phosphate)                     | 6            | mg      | 353%             |
| Folate (as calcium folinate)                              | 400          | mcg DFE | 100%             |
| Vitamin B12 (as methylcobalamin)                          | 12           | mcg     | 500%             |
| Biotin  | 300          | mcg     | 1,000%           |
| Pantothenic Acid (as calcium pantothena                   | te) 20       | mg      | 400%             |
| Calcium (as calcium citrate)                              | 300          | mg      | 23%              |
| Magnesium (as magnesium malate                            |              |         |                  |
| and magnesium glycinate)                                  | 300          |         | 71%              |
| Zinc (as zinc gluconate)                                  | 15           | mg      | 136%             |
| Manganese (as manganese gluconate)                        | 5            | mg      | 217%             |
| Purified Chondroitin Sulfates (bovine)                    | 200          | mg      | *                |
| Boron (as calcium borogluconate)                          | 3            | mg      | *                |
| Sugarcane (Saccharum officinarum) (shoot) (extract)       | 30           | mg      | *                |
| Superoxide Dismutase<br>(raw organic vegetable culture †) | 30           | mcg     | *                |
| Catalase (raw organic vegetable culture                   | †) 30        | mcg     | *                |
| * Daily Value not established                             |              |         |                  |

Other ingredients: Stearic acid (vegetable source), cellulose, modified cellulose gum, magnesium stearate (vegetable source) and food glaze.

† Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

## This product is gluten and dairy free.

**RECOMMENDATION:** Six (6) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

CAUTION: Those taking blood thinners should avoid supplementation with Vitamin K unless specifically recommended and monitored by their physician. Pregnant and nursing mothers should avoid supplemental intakes higher than the RDI (90 mcg) unless specifically recommended and monitored by their physician.

## KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

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