

# Supplement Facts

Serving Size: One-half (½) Tablet

Servings Per Container: 120

	Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxal-5-phosphate)	5 mg	250%
Magnesium (as magnesium glycinate)	25 mg	7%
Melatonin	1.5 mg	*

\* Daily Value not established

**Other Ingredients:** Stearic acid (vegetable source), modified cellulose gum, magnesium stearate (vegetable source), and food glaze.

**This product is gluten free.**

**RECOMMENDATION:** One-half (½) tablet before bedtime as a dietary supplement or as otherwise directed by a healthcare professional. For adult use only.

**CAUTION:** Not recommended for pregnant women.

**WARNING:** Do not use before or during operation of a motor vehicle or heavy equipment.

**KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area.  
Sealed with an imprinted safety  
seal for your protection.

Product # 7750 Rev. 02/20