

# Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Thiamin (B1) (as thiamin mononitrate)	2 mg	167%
Vitamin B2 (as riboflavin)	2 mg	154%
Niacin (as niacinamide)	20 mg	125%
Vitamin B6 (as pyridoxine HCl)	2.4 mg	141%
Iodine (from kelp, potassium iodide and bladderwrack)	67 mcg	45%
Zinc (as zinc gluconate)	4 mg	36%
Selenium (as selenomethionine)	30 mcg	55%
L-Aspartic acid	175 mg	*
L-Glutamic acid HCl	100 mg	*
L-Glutathione (reduced)	20 mg	*
L-Tyrosine	100 mg	*
Rubidium (from vegetable culture)	10 mcg	*
Sage (Salvia officinalis) (leaf)	15 mg	*
Pellitory-of-the-wall (Parietaria officinalis) (aerial part)	20 mg	*

\* Daily Value not established

**Other ingredients:** Capsule shell (gelatin and water), cellulose and magnesium stearate (vegetable source).

**This product is gluten and dairy free.**

**RECOMMENDATION:** One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

**CAUTION:** Not recommended for pregnant or lactating women.

**KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area.  
Sealed with an imprinted safety seal for your protection.

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