Supplement Facts

Serving Size: 6 Capsules Servings Per Container: 30

| | Amount Per Serving | % Daily Value |
|--|-----------------------|------------------|
| Vitamin A (as retinyl acetate) | 1,500 mcg RAE | 167% |
| Vitamin C (as calcium ascorbate and ascorbic acid) | 500 mg | 556% |
| Vitamin D (as cholecalciferol) | 20 mcg | 100% |
| Vitamin E (as d-alpha tocopheryl acetate) | 270 mg | 1,800% |
| Thiamin (B1) (as thiamin mononitrate) | 50 mg | 4,167% |
| Riboflavin (B2) | 25 mg | 1,923% |
| Niacin (as niacinamide and niacin) | 150 mg | 938% |
| Vitamin B6 (as pyridoxine hydrochloride) | 30 mg | 1,765% |
| Folate (as calcium folinate) | 800 mcg DFE | 200% |
| Vitamin B12 (as methylcobalamin) | 50 mcg | 2,083% |
| Biotin | 3,000 mcg | 10,000% |
| Pantothenic Acid (as calcium pantothenate) | 100 mg | 2,000% |
| Calcium (as ascorbate, citrate and carbonate) | 200 mg | 15% |
| Magnesium (as aspartate, citrate and oxide) | 400 mg | 95% |
| Zinc (as zinc picolinate and zinc citrate) | 30 mg | 273% |
| Selenium (as selenomethionine) | 150 mcg | 273% |
| Copper (as copper gluconate) | 2 mg | 222% |
| Manganese (as manganese citrate) | 10 mg | 435% |
| Chromium (as chromium aspartate) | 1,000 mcg | 2,857% |
| Potassium (as potassium aspartate) | 99 mg | 2% |
| Vanadium (as vanadium aspartate) | 20 mcg | * |
| L-Carnitine fumarate | 30 mg | * |
| * Doily Volue not established | | |

* Daily Value not established

Other ingredients: Capsule shell (gelatin and water), steric acid and magnesium stearate (vegetable source).

This product is gluten, dairy and GMO free.

WARNING: If you are taking Diabetes medications, do not use this product without medical supervision.

RECOMMENDATION: Six (6) capsules each day, with meal, as a dietary supplement or as otherwise directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

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