Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B12 (as methylcobalamin)	5 mcg	208%
Iron (as ferrous bisglycinate chelate) (Ferrochel®)	25 mg	139%
Zinc (as zinc gluconate and zinc citrate)	8 mg	73%
Copper (as copper gluconate and copper citrate)	2 mg	222%

Other ingredients: Ascorbic acid (to augment iron transport), vegetable culture[†], cellulose, modified cellulose gum, magnesium stearate (vegetable source) and food glaze.

Ferrochel® is a registered trademark of Albion Laboratories, Inc.

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

This product is gluten, dairy and GMO free.

RECOMMENDATION: One (1) tablet each day, with meal, as a dietary supplement or as otherwise directed by a healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

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