

Supplement Facts

Serving Size: 1 Softgel Capsule

	Amount Per Serving	% Daily Value
Blackcurrant Seed Oil	535 mg	*

* Daily Value not established

Other Ingredients: Capsule shell (gelatin, glycerin and water).

Each softgel capsule contains 535 mg of pure Blackcurrant Seed Oil providing Gamma linolenic acid (80 mg), Alpha linolenic acid (55 mg), Linoleic acid (235 mg), Oleic acid (55 mg), Palmitic acid (35 mg) and Stearic acid (35 mg).

This product is gluten and dairy free.

RECOMMENDATION: One (1) softgel capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN

REFRIGERATE AFTER OPENING

Store in a cool, dry area.

Sealed with an imprinted safety

seal for your protection.

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