

Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 90

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value		
Vitamin A (as natural mixed carotenoids and acetate) (IU ratio 1:2).....	2,790 mcg RAE	310%	Zinc (as gluconate, citrate).....	15 mg	136%
Vitamin C (as mixed ascorbates).....	100 mg	111%	Selenium (from vegetable culture †).....	50 mcg	91%
Vitamin D (as cholecalciferol).....	10 mcg	50%	Manganese (as gluconate).....	2 mg	87%
Vitamin E (as d-alpha tocopheryl acetate).....	20 mg	133%	Chromium (from vegetable culture †).....	50 mcg	143%
Vitamin K (as phytonadione).....	35 mcg	29%	Molybdenum (from vegetable culture †)....	10 mcg	22%
Thiamin (B1) (as thiamin mononitrate)....	10 mg	833%	Potassium (as chloride, gluconate).....	99 mg	2%
Riboflavin (B2).....	10 mg	769%	Boron (as calcium borogluconate).....	1 mg	*
Niacin (as niacinimide).....	20 mg	125%	Lithium (from vegetable culture †).....	20 mcg	*
Vitamin B6 (as pyridoxine hydrochloride).....	10 mg	588%	Rubidium (from vegetable culture †).....	25 mcg	*
Folate (as calcium folinate).....	400 mcg DFE	100%	Vanadium (from vegetable culture †).....	5 mcg	*
Vitamin B12 (as methylcobalamin).....	10 mcg	417%	Citrus Bioflavonoids (from citrus fruit) ...	10 mg	*
Biotin.....	300 mcg	1,000%	Lysine (as L-Lysine hydrochloride).....	30 mg	*
Pantothenic Acid (as calcium pantothenate).....	25 mg	500%	L-Methionine.....	30 mg	*
Calcium (as citrate).....	200 mg	15%	L-Cysteine HCl.....	10 mg	*
Iodine (from kelp and potassium iodide) ..	150 mcg	100%	Coenzyme Q10 (emulsified).....	1 mg	*
Magnesium (as citrate, gluconate, glycinate).....	100 mg	24%	Superoxide Dismutase (from vegetable culture †).....	20 mcg	*
			Catalase (from vegetable culture †).....	20 mcg	*
			*Daily Value not established		

Other ingredients: Stearic acid (vegetable source), modified cellulose gum, cellulose and food glaze.

† Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing **Phytochemically Bound Trace Elements™** and/or naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

This product is gluten and dairy free.

RECOMMENDATION: Three (3) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

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