

# Nutrition Facts

Servings Per Container: 30

**Serving Size: 15 g (approx. 1 scoop)**

Amount Per Serving

**Calories**

**70**

	<b>% Daily Value*</b>
<b>Total Fat</b> 4.5g	<b>6%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
Polyunsaturated Fat 3g	
Monounsaturated Fat 1g	
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 5g	<b>18%</b>
<b>Protein</b> 3g	<b>6%</b>

Not a significant source of cholesterol, total sugars, added sugars, vitamin D, calcium, iron, and potassium.

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Organic flax seed, organic broccoli sprout, organic kale sprout, chia seed fiber, fenugreek seed fiber, non-GMO sugar beet fiber, bamboo fiber, acai berry extract, apple fiber, and apple pectin.

**This product is gluten, dairy and GMO free.**

**RECOMMENDATION:** One (1) scoop of **BioFiber™ Complete** mixed with eight (8) ounces of cool water (or the beverage of your choice). Add product to the liquid for ease of mixing.

## **KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

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