Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Thiamin (B ₁) (as cocarboxylase chloride)	2.7 mg	225%
Vitamin B ₆ (as pyridoxal-5-phosphate)	32 mg	1,882%
Zinc (as zinc gluconate)	5 mg	45%

Other ingredients: Cellulose, capsule shell (gelatin and water), magnesium gluconate (50 mg) and magnesium stearate (vegetable source).

This product is gluten, dairy and GMO free.

RECOMMENDATION: One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

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