

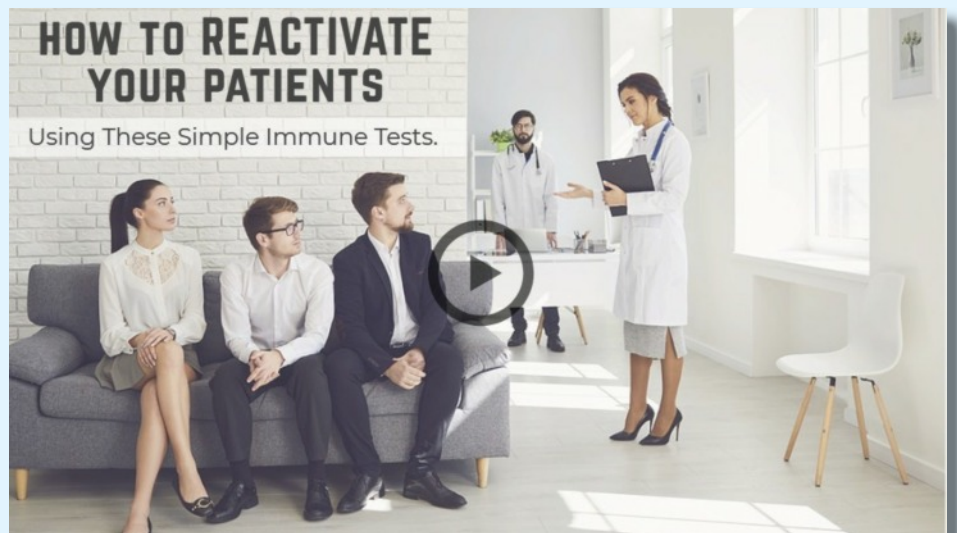
How To Reactivate Your Patients With These Simple Immune Tests

“Every patient, every visit, should be tested until they are zinc sufficient.”

Do you ever find that sometimes you make things more complicated than they need to be? I do. Take for example, a scenario like the COVID-19 pandemic. I probably have 30 different immune modulating nutrients at my fingertips but, each of them won't be as effective unless the basic cellular building blocks are already in place.

For instance, clinically, I have seen GREAT results raising white blood cell counts using a mixture of 2 powders: a superoxide dismutase product called Dismuzyme Plus Granules and a larch arabinogalactan concentrate called IAG. But guess what... if the body doesn't have enough zinc or selenium, the white blood cells won't be able to perform at their capacity.

Which leads me to my next question; I wonder how many clinicians are giving their patients the zinc "taste test?" I understand you're



busy. But when the world is "tuned in" to the topic of immune support, it's important that your patients know you have options. Every patient, every visit, should be tested until they are zinc sufficient.

I redesigned a flu shot alternative form that has instructions for your staff and a place for therapeutic instructions for the patient. In terms of therapy, according to the original research on zinc sulfate, use a liquid form of zinc, Aqueous Zinc at 2 tablespoons a day until the

patient experiences a strong or metallic taste then switch to a dose up to 50 mg daily with a tablet form like Zn-Zyme (10 mg) or Zn-Zyme Forte (25 mg). You can see another TM that has more information about the test and why zinc is so important.

To maintain Zinc levels, I use Bio-ImmunoZymeForte. Bio-ImmunoZyme Forte, a broad spectrum multiple, designed to specifically support normal healthy immune function contains 15 mg of zinc per tablet.

Years ago, a medical doctor taught me an unforgettable lesson about the immune system. He would hand his patients a bottle of Bio-Immunozyne Forte and tell them to take 1 tablet twice a day to raise the foundational vitamins, minerals and food factors that are necessary for the immune system to work.

In fact, he told them to take 2 tablets every day for the rest of their lives to combat viruses and cancer cells that our bodies fight continually. When I first heard that years ago I thought it was a little extreme. But as I have studied people's diets over the last 30 years, and seen the effects of stress on people's lives, I have seen the wisdom in his approach.

Stress depletes nutrients and creates unhealthy hormone patterns that further weakens one's immune system. Now more than ever long term, sustained, nutrient enhancement is very important. Bio-Immunozyne contains the foundational nutrients in a glandular base of neonatal glands like thymus, spleen, adrenal, liver, pancreas, parotid, and lymph. It also contains the anti-oxidants A, C, E and selenium as well as the bio-active forms of the B vitamins to enhance mitochondrial /energy production pathways.

Personally, I use a small dose for daily protection; and then if I do feel symptoms coming on, I get more aggressive for a few days until symptoms pass. But any cold and flu prevention program would be lacking if we didn't add vitamin D. Bio-D Mulsion Forte by Biotics Research contains 2,000 IU of vitamin D per drop. Of all vitamin D supplements, Bio-D Mulsion Forte is currently the best value on the market. Not only is it in an emulsified form which goes right into the lymph system but for \$20.00

one receives over 700 drops per one ounce container. For a family of four taking 2-3 drops a day, one bottle would supply over a 60 days dosage of vitamin D.

Biotics also makes a capsule version with Vitamin K2 called Bio DK caps. Each capsule contains 5,000 IU of vitamin D3 and 550 mcg of K1 and K2. I have also included a short discussion below on some of the other immune enhancing supplements and how they can be used clinically. You will notice that Bio FCTS is included in the prevention protocol. The flavanoids in Bio FCTS will help zinc get into the cell. Combining zinc with quercetin and other key flavanoids has been shown to have protective mechanisms similar to hydroxychloroquine.

Dr. Vasquez did a masterful job articulating which nutrients have the greatest antiviral properties and why. You can see a link to the right to watch his stellar presentation. After studying it many times I realize that the program I put together over 10 years ago supports his research. Feel free to edit this program based on your patient base and put your office information at the top. Let me encourage you assess your patients now, and especially this season before they get sick.

We are all exposed to the same bugs; but if we can start early enhancing the soldiers that protect us against invaders, we will have a healthy winter. Patients are looking for direction and with these simple strategies they will gain the perspective that you are someone who is looking out for their best interest. And they will get the message that you care. Thanks for spending time with me and I look forward to seeing you again next Tuesday.