MetabolicBiome^M **Plus**

7-Day Healthy Weight Management Program

Delicious | Safe | Convenient | Easy-to-Follow

Biotics Research is proud to announce the MetabolicBiome[™] Plus kit, a healthy weight management program founded on the revolutionary premise that yes, we are what we eat, but we are also what our trillions of gut microbes eat.

By mimicking the effects of a diversified plant-based diet, the **MetabolicBiome™** *Plus* kit supports a patient's optimal weight using a two-pronged approach:

- **1.** Optimize gut microbiota through polyphenolic stimulation
- 2. Support healthy blood sugars through macronutrient balance and key nutrients

KEY FEA	ATURES
• 20 grams of protein	Great-tasting flavors
• 9 grams of healthy fats	Mixes easily
• 9 grams of fiber	 Sweetened with monk fruit
• 3 protein choices	Gluten Free

At Biotics Research, we have maintained an open mind regarding weight loss research and also understand that if a dieting trend is extreme or unrealistic, we will most likely see a compensatory reaction in the opposite direction. Therefore, "balance" must be the operative word in any healthy weight management program. With research showing that weight loss programs fail

most of the time, with more than 80% of "successful dieters" gaining back all of their weight within about two years⁽¹⁾, we see the need for a seismic paradigm shift in achieving sustainable weight loss.

Combining cutting-edge weight loss research with reasonable lifestyle recommendations, Biotics Research created the **MetabolicBiome™** *Plus* kit, a revolutionary healthy weight management program that supports blood sugar stability and, also, targets the health of the gut microbiome to optimize metabolism and promote a person's ideal weight.

Blood Sugar Stability

Glucose and insulin homeostasis depend on a wide range of micronutrients often lacking in a typical American diet. The **MetabolicBiome™** *Plus* kit contains **GlucoResolve™** as a cornerstone to the program. **GlucoResolve™** provides targeted nutritional support for healthy glucose and insulin metabolism to foster healthy weight management. In addition to key vitamins and minerals, **GlucoResolve™** contains the following nutrients critical to glucose and insulin metabolism:

- Pomegranate Seed Extract
- Taurine
- Berberine
- R-Alpha-Lipoic Acid
- Green Tea Extract
- Forskohlii
- Baikal Skullcap

- Carnitine
- Vanadium
- Vitamin E and Selenium
- Chromium
- Biotin



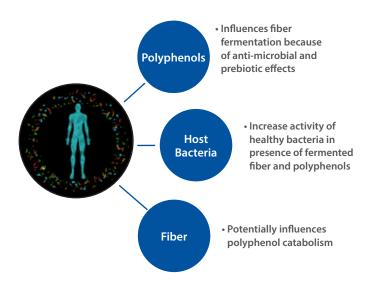
(800) 231-5777

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Microbiome Health

Due to the beneficial potential that gut bacteria have on a multitude of molecular mechanisms to foster healthy metabolism, providing nutrients to foster gut flora health is foundational to the **MetabolicBiome™ Plus** kit. The **MetabolicBiome™ Plus** kit provides highquality protein, healthy fats, fiber and phytonutrients, all essential for optimal human physiology and health of the gut microbiome.

High polyphenols have been linked to greater weight loss. "When polyphenols are metabolized by the microbiota, glycans are produced. Glycans are foundational nutrition for the gut bacteria. It appears that Bacteriodes have more glycan-degrading enzymes, and are, therefore better able to ferment polyphenols to phenolic compounds, exerting a weight-lowering effect."²



Some key ingredients in the **MetabolicBiome™** *Plus* powder include:

- Non-GM sugar beet fiber
- Apple fiber
- Fenugreek fiber
- Bamboo fiber
- Organic flax seed
- Apple pectin
- Chia seed
- Acai berry

- Blueberry
- Organic broccoli sprout
- Organic kale sprout
- Carrot
- Organic cauliflower
 sprout
- Avocado oil
- Coconut oil

MetabolicBiome[™] *Plus* comes conveniently packaged in 7-day kits and is available in different protein bases (whey, hydrolyzed collagen and pea proteins) and flavors (vanilla and chocolate) so patients have a variety of selections.

Each 7-day MetabolicBiome[™] Plus kit contains:

- 14 packets of MetabolicBiome[™] Plus, a meal replacement powder to promote the growth and activity of a healthy microbiome
- 14 supplement packets that include GlucoResolve™ to support healthy glucose and insulin levels,
 Biomega-700[™] (Omega-3s) and digestive enzyme support
- Patient Guidebook

References:

- 1. UCLA. American Psychologist. April, 2007.
- 2. Rastamanesh R. Chem Biol Interact. 2011 Jan 15;189(1-2):1-8.





	Amount Per Serving	% Daily Value		Amount Per Serving	% Dai Value
Calories	10		DHA (Docosahexaenoic acid)	300 mg	
Calories from Fat	10		Additional Omega-3 fatty acids	100 mg	
Total Fat	1g	2%†	Alpha-Lipoic Acid	125 mg	
Saturated Fat	<0.5 g	<3%†	Taurine	100 mg	
Vitamin A (as retinol acetate)	750 mcg RAE	83%	Pomegranate seed extract	100 mg	
Vitamin C (as calcium ascorbate and ascorbic acid)	250 mg	278%	Protease (fungal)	100 mg (200 SAPU)	
Vitamin D (as cholecalciferol)	10 mcg	50%	Bromelain (from pineapple)	100 mg (14 GDU)	
Vitamin E (as d-alpha tocopheryl acetate and mixed tocopherols)		900%	Berberine hydrochloride	50 mg	
Thiamin (as cocarboxylase chloride and thiamin mononitrate)	12.5 mg	1,042%	Green Tea (leaf)(extract)(50% EGCG)	50 mg	
Riboflavin (as riboflavin-5-phosphate)	10 mg	769%	Acetyl-L-Carnitine HCI	25 mg	
Niacin (as niacinamide and niacin)	75 mg	469%	Coenzyme Q10 (emulsified)	25 mg	
Vitamin B6 (as pyridoxal-5-phosphate)	10 mg	588%	N-Acetyl-L-Cysteine	25 mg	
Folate (as calcium folinate)	400 mcg DFE	100%	Forskohlii (Coleus forskohlii)(rhizome)(extract)	25 mg	
Vitamin B12 (as methylcobalamin)	25 mog	1,042%	Cellulase (fungal)	20 mg (80 CU)	
Biotin	1,500 mcg	5,000%	Lipase (fungal)	20 mg (1,600 LU)	
Pantothenic acid (as d-calcium pantothenate)	50 mg	1,000%	Amylase (fungal)	20 mg (2,180 SAPU)	
Zinc (as zinc picolinate and zinc citrate)	15 mg	136%	Baikal Skullcap (Scutellaria baicalensis)(root)(extract)	15 mg	
Selenium (as selenomethionine)	55 mcg	100%	Grape Seed (Vitis vinifera) (extract)(95% OPCs)	15 mg	
Copper (as copper gluconate)	1 mg	111%	Quercetin	12.5 mg	
Manganese (as manganese citrate)	5 mg	217%	Papain (from papaya)	2 mg (70,000 PU)	
Chromium (as chromium aspartate)	500 mcg	1,429%	Phytolens® (Lens esculenta)(extract)(husk)	1.5 mg	
Potassium (as potassium aspartate)	49.5 mg	<1%	Vanadium (as vanadium aspartate)	50 mcg	

% Daily Value

2%† <3%† 83% 278% 50%

DHA (Docosahexaenoic acid)

 Other ingredients: Capsule shell (gelatin, water, glycerin and lycopene), cellulore, stearic acid and magnesium stearate.

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 Product # 0°1071

imount Per Serving

250 mg 10 mcg 750 r

Supplement Facts

Calories
Calories from Fat
Total Fat
Saturated Fat
Vitamin (as retinol acetate)
Vitamin (c) acetate)
Vitamin (c) acetate(acetate)
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Serving Size: 1 Pack

Nutrition Facts

1 Serving Per Pouch Serving Size 52g (approx. 1 pouch

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100 mg 100 mg (200 SAPU) 100 mg (14 GDU)

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% Dail Value

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This product is gluten and dairy free. Product # BFP 1074 Rev. 01/20

Nutrition Facts Serving Per Pouch erving Size 51g (approx. 1 pouch) unt Per Ser Calories 210 Total Fat 9g Total Fat 9g Saturated Fat 4.5g Trans Fat 0g Polyunsaturated Fat 1g Monounsaturated Fat 3.5g Sodium 34mg Total Carbohydrates 11g 12% 23% 4% Dietary Fiber 9g Total Sugars 0g Includes 0g Added Sugars Protein 20g 32% 0% 40% Calcium 91mg 7% Not a significant source of cholesterol, vitamin D, calcium, iron and pot

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To a samp diret Z.000 calories at day is used for general nutrition advice. Inpredients: Whyer profile isolela, moundo oli occount oli accia guin, non-GM sugar beet fiber, nulin, apple fiber, nutural chocolate fitavor, natural cocos, fenugreek fiber barboc fiber, page profile isolato, organic fita seed, apple pacito, chai seed, uniflower lecithin, acai berry extract, blueberry, xanthan guin, silicon dioxide, miked tocopherols sprout, organic kale sprout, carrot, organic cauliflower sprout, and luo han guo extract. This product is glutten free. Product # SFP 1071 Rev. 01/20

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Product # BFP 1072 Rev. 01/20

Vanilla ZK plus (A) MetabolicBiome Plus #1074

Pea Protein

Whey Protein Chocolate Plus



Whey Protein



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Calories	10		DHA (Docosahexaenoic acid)	300 mg	
Calories from Fat	10		Additional Omega-3 fatty acids	100 mg	
Total Fat	1g	2%†	Alpha-Lipoic Acid	125 mg	•
Saturated Fat	<0.5 g	<3%†	Taurine	100 mg	•
Vitamin A (as retinol acetate)	750 mcg RAE	83%	Pomegranate seed extract	100 mg	
Vitamin C (as calcium ascorbate and ascorbic acid)	250 mg	278%	Protease (fungal)	100 mg (200 SAPU)	•
Vitamin D (as cholecalciferol)	10 mcg	50%	Bromelain (from pineapple)	100 mg (14 GDU)	•
Vitamin E (as d-alpha tocopheryl acetate and mixed tocopherols)		900%	Berberine hydrochloride	50 mg	
Thiamin (as cocarboxylase chloride and thiamin mononitrate)	12.5 mg	1,042%	Green Tea (leaf)(extract)(50% EGCG)	50 mg	
Riboflavin (as riboflavin-5-phosphate)	10 mg	769%	Acetyl-L-Carnitine HCI	25 mg	
Niacin (as niacinamide and niacin)	75 mg	469%	Coenzyme Q10 (emulsified)	25 mg	•
Vitamin B6 (as pyridoxal-5-phosphate)	10 mg	588%	N-Acetyl-L-Cysteine	25 mg	•
Folate (as calcium folinate)	400 mcg DFE	100%	Forskohlii (Coleus forskohlii)(rhizome)(extract)	25 mg	•
Vitamin B12 (as methylcobalamin)	25 mcg	1,042%	Cellulase (fungal)	20 mg (80 CU)	•
Biotin	1,500 mcg	5,000%	Lipase (fungal)	20 mg (1,600 LU)	•
Pantothenic acid (as d-calcium pantothenate)	50 mg	1,000%	Amylase (fungal)	20 mg (2,180 SAPU)	•
Zinc (as zinc picolinate and zinc citrate)	15 mg	136%	Baikal Skullcap (Scutellaria baicalensis)(root)(extract)	15 mg	•
Selenium (as selenomethionine)	55 mcg	100%	Grape Seed (Vitis vinifera) (extract)(95% OPCs)	15 mg	
Copper (as copper gluconate)	1 mg	111%	Quercetin	12.5 mg	•
Manganese (as manganese citrate)	5 mg	217%	Papain (from papaya)	2 mg (70,000 PU)	•
Chromium (as chromium aspartate)	500 mcg	1,429%	Phytolens® (Lens esculenta)(extract)(husk)	1.5 mg	•
Potassium (as potassium aspartate)	49.5 mg	<1%	Vanadium (as vanadium aspartate)	50 mcg	•
Omega-3 fatty acids	800 mg	•	+ Percent Daily Values based on a 2,000 calorie diet		
EPA (Eicosapentaenoic acid)	400 mg	•	* Daily Value not established		

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Nutrition Facts

1 Serving Per Pouch Serving Size 51g (approx. 1 pouch

Calories 210

	% Daily Value†
fotal Fat 9g	12%
Saturated Fat 5g	25%
Trans Fat Og	
Polyunsaturated Fat 1g	
Monounsaturated Fat 3.5g	
Sodium 130mg	6%
fotal Carbohydrates 11g	4%
Dietary Fiber 9g	32%
Total Sugars Og	
Includes 0g Added Sugars	0%
Protein 20g	40%
Calcium 22mg	2%
ron 6mg	35%
Not a significant source of cholesterol, vitamin D, calcium, iron an	d potassium.
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This product is gluten and dairy free. Product # BFP 1069 Rev. 01/20

Nutrition Facts

Collagen Protein Vanilla Plus



	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	10		DHA (Docosahexaenoic acid)	300 mg	,
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23%

6% 4% 32%

0%

2%

† The % Daily Value (DV) tells you how much a nutrient in a serving of to a daily diet. 2,000 calories a day is used for general nutrition advice. Impredients: Hydrolyced beef collagen, natural vanille flavor, avocado oi, coconut di, acacia gun, nor-GM sugar beef collagen, natural vanille flavor, avocado oi, coconut di, acacia gun, nor-GM sugar beef tiber, indin, agbei flavor, fenugreek flavo, hamboo flovr, pao protein isalada, regrain fax seed, agbei pecific, chia seed, sunflover isolitin, acai berry estraci, blaubeerry, alicon diside, mised locopherolit, normary estrat, sunflover (a) coloun cirtals, triclacium phonphark, antima gun, organic lococoli septori, organic kale sproud, card, organic casillaver signature. The product set gule and dairy tree. Product # BFP 1070 Rev. 01/20

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