

# Liquid Iodine & Liquid Iodine Forte™



Iodine, an essential trace mineral necessary for the production of thyroxine (T4), is often found lacking in the typical western diet.

Approximately 80% of the dietary intake of iodine is sequestered by the thyroid gland. However, other tissues concentrate iodine as well, including salivary glands, the gastric mucosa, choroids plexus, the lactating mammary gland and the ovaries. Consequently, as a result of decreased iodine status, sufficient thyroxine cannot be produced, negatively impacting thyroid function.

Iodine deficiency is said to have the greatest impact on cognitive and neurologic development and function during gestation and early infancy. Its importance in early brain development and growth is well documented.

**Liquid Iodine** and **Liquid Iodine Forte™** supply a cost effective, highly bioavailable source of supplemental iodine (as potassium iodide) in a delivery form which allows for a broad dosing range that is easy to adjust and administer to all population groups.

**Liquid Iodine** supplies 75 mcg of iodine per drop, while **Liquid Iodine Forte™** supplies 150 mcg of iodine per drop.

Metabolic Management  
P.O. Box 715 • Grant Park, IL 60940  
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Cost  
Effective &  
Highly  
Bioavailable

To place your order for  
**Liquid Iodine** or  
**Liquid Iodine Forte™** or  
for additional information  
please contact us:

**(800) 373-1373**

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